

## Cat. Uitslag

### 5 & 10 km

#### Categorie: Heren 5 km

Pl.	Bib	Naam:	Woonplaats/Club	M / F	Laps	Race Time	Distance in km:	Km/u
1	710	VAN TRICHT Davy	Balegem	Heren	1	0:18:08	5,000	16,54
2	693	VAN LANDEGHEM Niels	Oostakker	Heren	1	0:19:18	5,000	15,54
3	773	JACQUEMYN Tony	Oostakker	Heren	1	0:19:31	5,000	15,37
4	466	CRONEY Dean	Oostakker	Heren	1	0:20:38	5,000	14,54
5	422	BLONDEEL Wouter	Oostakker	Heren	1	0:21:00	5,000	14,29
6	587	MAES Loran	Destelbergen	Heren	1	0:21:04	5,000	14,24
7	619	PYNAERT Adriaan	Nazareth	Heren	1	0:21:21	5,000	14,05
8	638	STERCKX Christiaan	Zwijnaarde	Heren	1	0:21:31	5,000	13,94
9	1011	BARBIO Alexander		Heren	1	0:21:41	5,000	13,84
10	535	DOBBELAERE Ismaël	Gentbrugge	Heren	1	0:21:45	5,000	13,79
11	437	BRAECKMAN Arvid	Lokeren	Heren	1	0:22:25	5,000	13,38
12	532	DHAESE Bert	Nazareth	Heren	1	0:22:41	5,000	13,23
13	1012	BARBIO Matisse		Heren	1	0:22:53	5,000	13,11
14	1073	EEKHOUDT Kasper		Heren	1	0:23:03	5,000	13,02
15	469	D'AGOSTINO Matteo	Lochristi	Heren	1	0:23:05	5,000	13
16	1091	BOGAERT Isaac		Heren	1	0:23:16	5,000	12,89
17	1016	PENSAERT Arne		Heren	1	0:23:40	5,000	12,68
18	1017	DE CLERCQ Wout		Heren	1	0:23:42	5,000	12,66
19	250	MASSELIS Steve	Lochristi	Heren	1	0:23:44	5,000	12,64
20	1072	UITDENDAELE Warre		Heren	1	0:24:14	5,000	12,38
21	668	VAN DE VELDE Arne	Gent	Heren	1	0:24:25	5,000	12,29
22	659	VAN DAMME Christophe	Gent	Heren	1	0:24:38	5,000	12,18
23	720	VANDEN HERREWEGEN Sander	Oostakker	Heren	1	0:24:52	5,000	12,06
24	267	ROGIERS Thibo	Lochristi	Heren	1	0:24:54	5,000	12,05
25	523	DE WOLF Filip	Lochristi	Heren	1	0:24:56	5,000	12,03
26	530	DEWART Alex	Lochristi	Heren	1	0:24:56	5,000	12,03
27	665	VAN DE SYPE Geoffrey	Melle	Heren	1	0:24:58	5,000	12,02
28	633	SERVAES Arne	Oostakker	Heren	1	0:25:08	5,000	11,94
29	749	WILLEMIJNS Stan	Gent	Heren	1	0:25:15	5,000	11,88
30	504	DE MEY Frederik	Oostakker	Heren	1	0:25:16	5,000	11,87
31	499	DE KEGEL Olivier	Oostakker	Heren	1	0:25:16	5,000	11,87
32	531	DHAENENS Leslie	Oostakker	Heren	1	0:25:16	5,000	11,87
33	689	VAN HOEY Karel	Sint-Amandsberg	Heren	1	0:25:57	5,000	11,56
34	468	D'AGOSTINO Sandro	Oostakker	Heren	1	0:26:01	5,000	11,53
35	493	DE CRAENE Arwin	Oostakker	Heren	1	0:26:20	5,000	11,39
36	741	VERNAEVE Dieter	Oostakker	Heren	1	0:26:28	5,000	11,34
37	494	DE CRAENE Kurt	Oostakker	Heren	1	0:26:34	5,000	11,29
38	755	VAN HOECKE Emile	Lochristi	Heren	1	0:26:34	5,000	11,29
39	415	BENITO Luwon	Sint-Amandsberg	Heren	1	0:26:34	5,000	11,29
40	591	MASSELIS Jelle	Lochristi	Heren	1	0:26:38	5,000	11,26
41	676	VAN DE WIELE Loïc	Laarne	Heren	1	0:26:38	5,000	11,26
42	1075	CORNELIS Marco		Heren	1	0:26:38	5,000	11,26
43	658	VAN DAMME Bastiaan	Gent	Heren	1	0:26:39	5,000	11,26
44	2073	6 LAT MTWE MTWI 3 Jelle Van Den Bossche	Sint-Amandsberg	Heren	1	0:26:43	5,000	11,23

45	800	VANHOECKE Tibo		Heren	1	0:26:43	5,000	11,23
46	443	BULTIAUW Jarne	Sint-Amandsberg	Heren	1	0:26:52	5,000	11,17
47	568	INGHELBRECHT Birger	Oostakker	Heren	1	0:26:54	5,000	11,15
48	740	VERHOFSTADT Jens	Oostakker	Heren	1	0:26:59	5,000	11,12
49	490	DE CLERCQ Andreas	Heusden	Heren	1	0:26:59	5,000	11,12
50	502	DE MAESSCHALCK Milan	Gent	Heren	1	0:27:01	5,000	11,1
51	583	LAHOUSSE Jeroen	Mendonk	Heren	1	0:27:02	5,000	11,1
52	653	VAN BOXEM Tom	Sint-Amandsberg	Heren	1	0:27:04	5,000	11,08
53	522	DE WITTE Seppe	Lochristi	Heren	1	0:27:07	5,000	11,06
54	553	GOESSAERT PROVÉ Tiemen	Lochristi	Heren	1	0:27:07	5,000	11,06
55	637	STERCKX Jordy	Zwijnaarde	Heren	1	0:27:08	5,000	11,06
56	670	VAN DE VELDE Bram	Gent	Heren	1	0:27:11	5,000	11,04
57	691	VAN KERKHOVE Lucas	Zaffelare	Heren	1	0:27:14	5,000	11,02
58	436	BRAECKMAN Geert	Oostakker	Heren	1	0:27:19	5,000	10,98
59	439	BRAECKMAN Nico	Oostakker	Heren	1	0:27:21	5,000	10,97
60	774	DIDIER Arne	Wachtebeke	Heren	1	0:27:33	5,000	10,89
61	516	DE VliegHER Emmo	Oostakker	Heren	1	0:27:35	5,000	10,88
62	739	VERHEYE Jo	Oostakker	Heren	1	0:27:36	5,000	10,87
63	725	VANDERLINDEN Sander	Gent	Heren	1	0:27:54	5,000	10,75
64	427	BONNAERENS Ward	Oostakker	Heren	1	0:28:06	5,000	10,68
65	544	FAMELAER Kjell	Oostakker	Heren	1	0:28:07	5,000	10,67
66	451	CANTRÉ Tibeaux	Lochristi	Heren	1	0:28:15	5,000	10,62
67	421	BLANCQUAERT Bjorn	Oostakker	Heren	1	0:28:29	5,000	10,53
68	1048	VEYS Stefaan		Heren	1	0:28:35	5,000	10,5
69	632	SERVAES Lander	Oostakker	Heren	1	0:28:36	5,000	10,49
70	664	VAN DE SOMPELE Pawel	Zaffelare	Heren	1	0:28:39	5,000	10,47
71	554	GOETHALS Wout	Oostakker	Heren	1	0:28:40	5,000	10,47
72	457	CLAEYS Mats	Oostakker	Heren	1	0:28:41	5,000	10,46
73	712	VAN VRECKEM Jules	Oostakker	Heren	1	0:28:41	5,000	10,46
74	669	VAN DE VELDE Dries	Gent	Heren	1	0:28:41	5,000	10,46
75	718	VANDEMOORTELE Tuur	Oostakker	Heren	1	0:28:46	5,000	10,43
76	489	DE CLERCQ Sven	Heusden	Heren	1	0:28:48	5,000	10,42
77	561	HERREMANS Yarno	Zaffelare	Heren	1	0:28:53	5,000	10,39
78	424	BOLLAERT Gaetan	Sint-Amandsberg	Heren	1	0:29:07	5,000	10,3
79	683	VAN DER HEYDEN Lander	Lokeren	Heren	1	0:29:09	5,000	10,29
80	684	VAN DER HEYDEN Tim	Lokeren	Heren	1	0:29:10	5,000	10,29
81	748	WATTÉ Tars	Lokeren	Heren	1	0:29:11	5,000	10,28
82	456	CLAEYS Tobias	Oostakker	Heren	1	0:29:12	5,000	10,27
83	1049	VEYS Agust Stefaan		Heren	1	0:29:13	5,000	10,27
84	1090	SCARPÉ Pierre Maurice		Heren	1	0:29:18	5,000	10,24
85	1089	ANSEEUW Simon		Heren	1	0:29:18	5,000	10,24
86	418	BERT Desmet	Sint Amandsberg	Heren	1	0:29:19	5,000	10,23
87	674	VAN DE VELDE Simon	Lochristi	Heren	1	0:29:20	5,000	10,23
88	603	MULTAEL Robbe	Oostakker	Heren	1	0:29:20	5,000	10,23
89	646	UYTTENHOVE Wolf	Lochristi	Heren	1	0:29:22	5,000	10,22
90	592	MATTHYS Arjen	Oostakker	Heren	1	0:29:22	5,000	10,22
91	597	METIN Daghan	Gent	Heren	1	0:29:23	5,000	10,21
92	790	CORNELIS Jonas		Heren	1	0:29:24	5,000	10,2
93	657	VAN DAMME Thiebe	Oostakker	Heren	1	0:29:33	5,000	10,15
94	1088	CLAEYS Luwe		Heren	1	0:29:33	5,000	10,15
95	505	DE MEYER Ignace	Oostakker	Heren	1	0:29:41	5,000	10,11
96	626	ROGIEST Stef	Deinze	Heren	1	0:29:45	5,000	10,08
97	756	VAN HOECKE César	Lochristi	Heren	1	0:29:52	5,000	10,04
98	1051	VERBRUGGHE Sam		Heren	1	0:29:53	5,000	10,04

99	1052	VERBRUGGHE Mats		Heren	1	0:29:53	5,000	10,04
100	788	BOONE Viktor	Lochristi	Heren	1	0:29:53	5,000	10,04
101	1055	DE BUCK Glenn		Heren	1	0:29:55	5,000	10,03
102	472	DE BAETS Milan	Oostakker	Heren	1	0:29:56	5,000	10,02
103	1023	DE BUCK Lars		Heren	1	0:30:00	5,000	10
104	563	HOERÉE Klaas	Oostakker	Heren	1	0:30:14	5,000	9,92
105	571	JOSEPH Davy	Sint-Amandsberg	Heren	1	0:30:17	5,000	9,91
106	702	VAN OVERBERGHE Daan	Gent	Heren	1	0:30:23	5,000	9,87
107	533	DHONDT Michiel	Gent	Heren	1	0:30:28	5,000	9,85
108	454	CAPA Deniz	Gent	Heren	1	0:30:34	5,000	9,81
109	453	CAPA Ismayil	Gent	Heren	1	0:30:35	5,000	9,81
110	1050	DEGEEST Kensy		Heren	1	0:30:44	5,000	9,76
111	1021	VANDERGEGUCHTE Dirk		Heren	1	0:30:54	5,000	9,71
112	1009	D'ASSELER Titus		Heren	1	0:30:56	5,000	9,7
113	576	KESTELEYN Jerno	Oostakker	Heren	1	0:30:57	5,000	9,69
114	713	VAN WAES Briek	Zaffelare	Heren	1	0:30:58	5,000	9,69
115	714	VAN WALLE Gilles	Oostakker	Heren	1	0:30:58	5,000	9,69
116	446	CAEKAERT Jorgen	Oostakker	Heren	1	0:31:22	5,000	9,56
117	1019	DE LANDTSHEER Gaethan		Heren	1	0:31:39	5,000	9,48
118	497	DE JAEGER Jente	Gent	Heren	1	0:31:43	5,000	9,46
119	617	PINOY Tibo	Wachtebeke	Heren	1	0:31:49	5,000	9,43
120	428	BOONE Robbe	Lochristi	Heren	1	0:31:55	5,000	9,4
121	579	KNAPEN Kris	Eksaarde	Heren	1	0:31:55	5,000	9,4
122	677	VAN DEN BERGHE Sasha	Lochristi	Heren	1	0:31:56	5,000	9,39
123	425	BOLLAERT Koen	Sint-Amandsberg	Heren	1	0:31:58	5,000	9,38
124	528	DELLAERT Alexander	Oostakker	Heren	1	0:32:01	5,000	9,37
125	687	VAN DROM Lander	Oostakker	Heren	1	0:32:03	5,000	9,36
126	1008	D'ASSELER Ilya		Heren	1	0:32:07	5,000	9,34
127	449	CALLENS Deniz	Sint-Amandsberg	Heren	1	0:32:13	5,000	9,31
128	460	COPPENS Milan	Lochristi	Heren	1	0:32:13	5,000	9,31
129	515	DE TAVERNIER Quinten	Oostakker	Heren	1	0:32:14	5,000	9,31
130	624	ROGIERS Gilles	Lokeren	Heren	1	0:32:18	5,000	9,29
131	707	VAN RENTERGHEM Benedikt	Mariakerke	Heren	1	0:32:19	5,000	9,28
132	491	DE CONINCK Beau	Destelbergen	Heren	1	0:32:28	5,000	9,24
133	792	?		Heren	1	0:32:28	5,000	9,24
134	543	EVERAERT Luka	Gent	Heren	1	0:32:31	5,000	9,23
135	642	THIJS Quirijn	Gent	Heren	1	0:32:32	5,000	9,22
136	729	VANHOECKE Dominique	Gentbrugge	Heren	1	0:32:32	5,000	9,22
137	651	VAN ACKER Ewout	Lochristi	Heren	1	0:32:34	5,000	9,21
138	507	DE MEYER Michiel	Lokeren	Heren	1	0:32:34	5,000	9,21
139	666	VAN DE VEIRE Brent	Oostakker	Heren	1	0:32:37	5,000	9,2
140	440	BROECKHOVE Milan	Oostakker	Heren	1	0:32:42	5,000	9,17
141	692	VAN LAEKE Luc	Merendree	Heren	1	0:32:45	5,000	9,16
142	2075	2075 Kasper Van Acker	Sint-Amandsberg	Heren	1	0:32:57	5,000	9,1
143	540	DUJARDIN Siel	Oostakker	Heren	1	0:33:01	5,000	9,09
144	607	NEIRYNCK Wim	Sint Amandsberg	Heren	1	0:33:02	5,000	9,08
145	411	BAUWENS Tim	Oostakker	Heren	1	0:33:12	5,000	9,04
146	716	VANDAELE Arne	Sint-Amandsberg	Heren	1	0:33:12	5,000	9,04
147	578	KESTELEYN Jorbe	Oostakker	Heren	1	0:33:14	5,000	9,03
148	730	VANHOLME Tijn	Oostakker	Heren	1	0:33:20	5,000	9
149	599	MISTIAEN Bart	Lochristi	Heren	1	0:33:27	5,000	8,97
150	650	VAN ACKER Erik	Dendermonde	Heren	1	0:33:30	5,000	8,96
151	519	DE VRIENDT Nico	Lochristi	Heren	1	0:33:30	5,000	8,96
152	786	VAN ERTVELDE Dedan	Oostakker	Heren	1	0:33:34	5,000	8,94

153	738	VERHEYE Dorian	Oostakker	Heren	1	0:33:34	5,000	8,94
154	635	SIERON Lyo	Oostakker	Heren	1	0:33:34	5,000	8,94
155	641	TENTENIEZ Maxime	Lochristi	Heren	1	0:33:36	5,000	8,93
156	1026	LEENAERT Ward		Heren	1	0:33:40	5,000	8,91
157	671	VAN DE VELDE Tom	Gent	Heren	1	0:33:48	5,000	8,88
158	570	JANSSENS Patrick	Lovendegem	Heren	1	0:33:50	5,000	8,87
159	678	VAN DEN BOSSCHE Jarne	Oostakker	Heren	1	0:33:50	5,000	8,87
160	483	DE CLERCQ Bent	Oostakker	Heren	1	0:33:52	5,000	8,86
161	556	GOETHALS Klaas	Oostakker	Heren	1	0:33:58	5,000	8,83
162	512	DE SWAEF Kilian	Lochristi	Heren	1	0:34:09	5,000	8,78
163	513	DE SWAEF Kurt	Lochristi	Heren	1	0:34:09	5,000	8,78
164	1041	BAEMELEIRE Twan		Heren	1	0:34:22	5,000	8,73
165	1080	DEMAESSCHALK Tibo		Heren	1	0:34:22	5,000	8,73
166	575	KESBEKE Kevin	Sint-Amandsberg	Heren	1	0:34:26	5,000	8,71
167	1074	EEKHOUDT Gunnar		Heren	1	0:34:28	5,000	8,7
168	662	VAN DE PUTTE Wim	Oostakker	Heren	1	0:34:32	5,000	8,69
169	574	KAZIMOTO Simon	Lokeren	Heren	1	0:35:01	5,000	8,57
170	448	CAEKAERT Andy	Oostakker	Heren	1	0:35:39	5,000	8,42
171	594	MENEVE Matice	Oostakker	Heren	1	0:36:01	5,000	8,33
172	625	ROGIEST Peter	Deinze	Heren	1	0:36:43	5,000	8,17
173	520	DE VRIEZE Jan	Ertvelde	Heren	1	0:37:17	5,000	8,05
174	1036	BOONE Luc		Heren	1	0:37:19	5,000	8,04
175	1037	KEYMEULEN Karen		Heren	1	0:37:20	5,000	8,04
176	708	VAN SCHAİK Jeroen	Oostakker	Heren	1	0:37:44	5,000	7,95
177	1058	DESTARCKE Maarten		Heren	1	0:37:45	5,000	7,95
178	737	VERHEYE Artho	Oostakker	Heren	1	0:38:07	5,000	7,87
179	1084	DERYCKE Bart		Heren	1	0:38:20	5,000	7,83
180	508	DE REGGE Gilles	Oostakker	Heren	1	0:38:31	5,000	7,79
181	445	BUYSSE Thomas	Gent	Heren	1	0:39:12	5,000	7,65
182	723	VANDENDRIESSCHE Angelo	Oostakker	Heren	1	0:39:52	5,000	7,53
183	1015	DE LATTE Luca		Heren	1	0:39:59	5,000	7,5
184	479	DE BRUYCKER Luca	Destelbergen	Heren	1	0:40:21	5,000	7,43
185	420	BEYAERT Kenji	Gent	Heren	1	0:40:47	5,000	7,36
186	1079	DEVROE Zeno		Heren	1	0:42:13	5,000	7,11
187	705	VAN PETEGHEM Gilles	Oostakker	Heren	1	0:42:18	5,000	7,09
188	478	DE BOSSCHERE Karel	Oostakker	Heren	1	0:42:21	5,000	7,08
189	517	DE VRIENDT Xander	Oostakker	Heren	1	0:42:37	5,000	7,04
190	1018	VERVAET Jens		Heren	1	0:43:12	5,000	6,94
191	1082	LEVIS Keoni		Heren	1	0:43:12	5,000	6,94
192	1033	VAN ACKER Lander		Heren	1	0:43:32	5,000	6,89
193	1085	DERYCKE Jans		Heren	1	0:43:32	5,000	6,89
194	1032	STEVENS Gorik		Heren	1	0:43:33	5,000	6,89
195	654	VAN CAUWENBERGHE Patrick	Gent	Heren	1	0:48:06	5,000	6,24
196	542	EVERAERT Tim	Gent	Heren	1	0:49:48	5,000	6,02

### Categorie: Dames 5 km

Pl.	Bib	Naam:	Woonplaats/Club	M / F	Laps :	Race Time	Distance in km:	Km/u
1	400	ACKERMAN Leen	Oostakker	Dames	1	0:22:39	5,000	13,25
2	524	DE WOLF Jente	Lochristi	Dames	1	0:24:56	5,000	12,03
3	1040	AMELOOT Nele		Dames	1	0:25:07	5,000	11,94
4	1077	VERGANCK Nathalie		Dames	1	0:25:57	5,000	11,56
5	492	DE CRAENE Brinthe	Oostakker	Dames	1	0:26:32	5,000	11,31
6	402	ALLEGAERT Emilie	Beervelde	Dames	1	0:26:49	5,000	11,19
7	752	YSEBAERT Marie	Beervelde	Dames	1	0:26:53	5,000	11,16

8	2076	MVR ROOT	Sint-Amandsberg	Dames	1	0:27:20	5,000	10,98
9	569	INGHELDS Jolien	Oostakker	Dames	1	0:27:42	5,000	10,83
10	444	BUYSSE Tilia	Oostakker	Dames	1	0:27:42	5,000	10,83
11	644	TJOLLE Runa	Gent	Dames	1	0:27:48	5,000	10,79
12	1024	COCQUYT Janne		Dames	1	0:27:59	5,000	10,72
13	538	DROESBEKE Nathalie	Oostakker	Dames	1	0:28:28	5,000	10,54
14	463	COYSMAN Charlotte	Zaffelare	Dames	1	0:28:50	5,000	10,4
15	562	HITCHINSON Lara	Oostakker	Dames	1	0:29:38	5,000	10,12
16	634	SIERON Zoë	Oostakker	Dames	1	0:29:38	5,000	10,12
17	526	DEBACKERE Herlinde	Sint-Amandsberg	Dames	1	0:29:51	5,000	10,05
18	1053	DE BUCK Caitlin		Dames	1	0:29:54	5,000	10,03
19	719	VANDEN HERREWEGEN Lore	Oostakker	Dames	1	0:30:06	5,000	9,97
20	772	JACQUEMYN Isaline	Oostakker	Dames	1	0:30:08	5,000	9,96
21	656	VAN DAMME Luna	Lochristi	Dames	1	0:30:14	5,000	9,92
22	1054	DE BUCK Morgan		Dames	1	0:30:21	5,000	9,88
23	782	VAN DE ROSTYNE Kiyoko	Lochristi	Dames	1	0:30:22	5,000	9,88
24	1013	BOONE Yelena		Dames	1	0:30:22	5,000	9,88
25	673	VAN DE VELDE Eveline	Lochristi	Dames	1	0:30:24	5,000	9,87
26	1022	VANDERGEGUCHTE Febe		Dames	1	0:30:53	5,000	9,71
27	724	VANDER PUTTEN Annelies	Gentbrugge	Dames	1	0:30:53	5,000	9,71
28	604	NAUDTS Yang	Lochristi	Dames	1	0:31:32	5,000	9,51
29	582	LAGAE Lena	Sint-Amandsberg	Dames	1	0:31:39	5,000	9,48
30	681	VAN DER ELST Fleur	Sint Amandsberg	Dames	1	0:31:43	5,000	9,46
31	1038	BEKE Joyce	Zevenken	Dames	1	0:31:44	5,000	9,45
32	450	CALLENS Ellen	Eksaarde	Dames	1	0:31:52	5,000	9,41
33	697	VAN MOL Benedicte	Gent	Dames	1	0:31:54	5,000	9,4
34	589	MARTENS Cindy	Oostakker	Dames	1	0:31:55	5,000	9,4
35	655	VAN DAMME Mieke	Oostakker	Dames	1	0:31:59	5,000	9,38
36	403	ALLEMEERSCH Anke	Oostakker	Dames	1	0:32:00	5,000	9,38
37	1020	CRAEMERS Hanneke		Dames	1	0:32:04	5,000	9,36
38	1076	MOUTON Stephany		Dames	1	0:32:08	5,000	9,34
39	416	BERCKMOES Caroline	Zaffelare	Dames	1	0:32:15	5,000	9,3
40	500	DE LAENDER Jessie	Lokeren	Dames	1	0:32:18	5,000	9,29
41	521	DE VUYSDERE Lize	Zaffelare	Dames	1	0:32:20	5,000	9,28
42	747	WAEM Louise	Gent	Dames	1	0:32:21	5,000	9,27
43	704	VAN PETEGHEM Silke	Lokeren	Dames	1	0:32:28	5,000	9,24
44	794	?		Dames	1	0:32:28	5,000	9,24
45	793	?		Dames	1	0:32:28	5,000	9,24
46	623	ROGIERS Lien	Lokeren	Dames	1	0:32:29	5,000	9,24
47	703	VAN PETEGHEM Femke	Lokeren	Dames	1	0:32:36	5,000	9,2
48	471	DE BACKER Claudia	Hansbeke	Dames	1	0:32:44	5,000	9,16
49	408	BALLEGEER Linda	Merendree	Dames	1	0:32:44	5,000	9,16
50	760	VANROOSE Manou	Gent	Dames	1	0:32:47	5,000	9,15
51	527	DEJONGHE An	Oostakker	Dames	1	0:32:51	5,000	9,13
52	1062	GEVAERT Shania		Dames	1	0:32:56	5,000	9,11
53	236	HOFMAN Ellen	Oostakker	Dames	1	0:32:58	5,000	9,1
54	699	VAN NIEUWENHOVE Ina	Sint-Amandsberg	Dames	1	0:33:02	5,000	9,08
55	549	GAUBLomme Nora	Oostakker	Dames	1	0:33:03	5,000	9,08
56	476	DE BOCK Gwensha	Gent	Dames	1	0:33:08	5,000	9,05
57	754	YSEBAERT Kato	Beervelde	Dames	1	0:33:17	5,000	9,01
58	465	CRONEY Lumi	Oostakker	Dames	1	0:33:17	5,000	9,01
59	672	VAN DE VELDE Estée	Sint-Amandsberg	Dames	1	0:33:18	5,000	9,01
60	649	VAN ACHTER Annelies	Lochristi	Dames	1	0:33:21	5,000	9
61	1010	FRANCK Ella		Dames	1	0:33:26	5,000	8,97

62	438	BRAECKMAN Linde	Oostakker	Dames	1	0:33:36	5,000	8,93
63	414	BENITO Beliane	Sint-Amandsberg	Dames	1	0:33:37	5,000	8,92
64	1039	VANDAMME Katrien		Dames	1	0:33:38	5,000	8,92
65	675	VAN DE WIELE Alixe	Laarne	Dames	1	0:33:38	5,000	8,92
66	733	VERCAEMER Veronique	Sint Amandsberg	Dames	1	0:33:39	5,000	8,92
67	442	BROSSÉ Sandra	Sint-Amandsberg	Dames	1	0:33:54	5,000	8,85
68	283	VAN DE GEHUCHTE Estée	Oostakker	Dames	1	0:33:54	5,000	8,85
69	726	VANDERSTEENE Tamara	Oostakker	Dames	1	0:33:57	5,000	8,84
70	1027	JAQUES Beaudine		Dames	1	0:33:58	5,000	8,83
71	717	VANDEMOORTELE Elodie	Oostakker	Dames	1	0:34:01	5,000	8,82
72	636	SOBRIE Josefien	Sint-Amandsberg	Dames	1	0:34:02	5,000	8,81
73	1083	SCHATTEMAN Lore		Dames	1	0:34:02	5,000	8,81
74	743	VERTRIEST Sabine	Zaffelare	Dames	1	0:34:06	5,000	8,8
75	559	GUNST Noemi	Lochristi	Dames	1	0:34:08	5,000	8,79
76	565	HOSTE Sofie	Gent	Dames	1	0:34:10	5,000	8,78
77	680	VAN DEN FONTEYNE Thirze	Oostakker	Dames	1	0:34:11	5,000	8,78
78	584	LANNOO Engelen	Oostakker	Dames	1	0:34:13	5,000	8,77
79	581	LAGAE Julie	Sint-Amandsberg	Dames	1	0:34:16	5,000	8,75
80	470	D'HONDT Hilde	Oostakker	Dames	1	0:34:31	5,000	8,69
81	580	LACANTE Delphine	Oostakker	Dames	1	0:34:32	5,000	8,69
82	477	DE BOCK Zephyrina	Oostakker	Dames	1	0:34:33	5,000	8,68
83	547	FRANCOIS Tineke	Oostakker	Dames	1	0:34:33	5,000	8,68
84	550	GEBOERS Mia	Oostakker	Dames	1	0:34:33	5,000	8,68
85	417	BERNAERT Ann	Oostakker	Dames	1	0:34:35	5,000	8,67
86	548	GAUBLOMME Lena	Oostakker	Dames	1	0:34:35	5,000	8,67
87	783	TEUGHELIS hannelore	Lochristi	Dames	1	0:34:37	5,000	8,67
88	539	DUJARDIN Nel	Oostakker	Dames	1	0:34:39	5,000	8,66
89	784	SCHRYVERS nadia	Lochristi	Dames	1	0:34:39	5,000	8,66
90	434	BRACKE Annick	Lokeren	Dames	1	0:34:42	5,000	8,65
91	744	VERVENNE Emilie	Oostakker	Dames	1	0:34:42	5,000	8,65
92	467	CUYPERS Greet	Oostakker	Dames	1	0:34:44	5,000	8,64
93	701	VAN NIEUWERBURGH An	Lochristi	Dames	1	0:34:44	5,000	8,64
94	546	FRANCK Nina	Lochristi	Dames	1	0:34:51	5,000	8,61
95	647	UYTTENHOVE Merel	Lochristi	Dames	1	0:34:52	5,000	8,6
96	537	DOORAKKERS Lise	Lochristi	Dames	1	0:34:52	5,000	8,6
97	585	LAROY Celeste	Zaffelare	Dames	1	0:34:53	5,000	8,6
98	750	WOUTERS Lene	Desteldonk	Dames	1	0:34:53	5,000	8,6
99	566	HOSTE Fee	Lochristi	Dames	1	0:34:53	5,000	8,6
100	496	DE GROOTE Britt	Lokeren	Dames	1	0:34:54	5,000	8,6
101	485	DE CLERCQ Vanja	Lochristi	Dames	1	0:34:54	5,000	8,6
102	529	DEMAN Lotte	Destelbergen	Dames	1	0:34:55	5,000	8,59
103	518	DE VRIENDT Fleur	Lokeren	Dames	1	0:34:56	5,000	8,59
104	621	REYNEBEAU Joke	Gent	Dames	1	0:34:57	5,000	8,58
105	430	BOSSU Valerie	Drongen	Dames	1	0:34:59	5,000	8,58
106	622	ROGGEMAN Jolien	Ledeberg	Dames	1	0:35:00	5,000	8,57
107	573	KAZIMOTO Hanne	Lokeren	Dames	1	0:35:01	5,000	8,57
108	461	COPPENS Ella	Lochristi	Dames	1	0:35:02	5,000	8,56
109	423	BOGAERT Jutta	Oostakker	Dames	1	0:35:02	5,000	8,56
110	781	VERGALLE Silke	Oostakker	Dames	1	0:35:02	5,000	8,56
111	511	DE SMET Katrien	Oostakker	Dames	1	0:35:08	5,000	8,54
112	1044	LIBEER Wijke		Dames	1	0:35:08	5,000	8,54
113	746	VLEGELS Amber	Oostakker	Dames	1	0:35:08	5,000	8,54
114	645	UYTTENDAELE Eline	Lochristi	Dames	1	0:35:09	5,000	8,53
115	1045	STEVENS Charlotte		Dames	1	0:35:09	5,000	8,53

116	577	KESTELEYN Jolien	Oostakker	Dames	1	0:35:11	5,000	8,53
117	407	BALLEGEER Nadine	Lovendegem	Dames	1	0:35:17	5,000	8,5
118	602	MOORTGAT Cris	Lovendegem	Dames	1	0:35:17	5,000	8,5
119	447	CAEKAERT Lanaé	Oostakker	Dames	1	0:35:38	5,000	8,42
120	732	VANOMMESLAEGHE Jolien	Mariakerke	Dames	1	0:35:46	5,000	8,39
121	409	BARBIEUR Lien	Erpe Mere	Dames	1	0:35:48	5,000	8,38
122	514	DE SWEEMER Kristien	Sint-Amandsberg	Dames	1	0:35:53	5,000	8,36
123	506	DE MEYER Celine	Oostakker	Dames	1	0:36:00	5,000	8,33
124	606	NEELS Morgane	Oostakker	Dames	1	0:36:00	5,000	8,33
125	605	NEELS Eline	Oostakker	Dames	1	0:36:02	5,000	8,33
126	452	CAPA Hanim	Gent	Dames	1	0:36:03	5,000	8,32
127	694	VAN LANDEGHEM Sarah	Oostakker	Dames	1	0:36:03	5,000	8,32
128	685	VAN DER SYPT Toke	Laarne	Dames	1	0:36:03	5,000	8,32
129	721	VANDENDRIESSCHE Yoni	Oostakker	Dames	1	0:36:04	5,000	8,32
130	406	BAH Kadiatou	Sint-Amandsberg	Dames	1	0:36:14	5,000	8,28
131	552	GILLIS Saar	Oostakker	Dames	1	0:36:21	5,000	8,25
132	698	VAN MOORLEGHEM Karin	Lochristi	Dames	1	0:36:23	5,000	8,25
133	459	COCQUET Eveline	Merelbeke	Dames	1	0:36:48	5,000	8,15
134	1046	DALSCHART Fleur		Dames	1	0:36:53	5,000	8,13
135	1047	CLAUS Mette-Marit		Dames	1	0:36:54	5,000	8,13
136	608	OLLEVIER Ellen	Lochristi	Dames	1	0:37:12	5,000	8,06
137	426	BOMBEKE Violette	Oudenaarde	Dames	1	0:37:13	5,000	8,06
138	709	VAN SPEYBROECK Annelore	Ruiselede	Dames	1	0:37:18	5,000	8,04
139	401	ALICIA De Boo	Sint-Amandsberg	Dames	1	0:37:42	5,000	7,96
140	628	SAEY Angelique	Heusden	Dames	1	0:37:43	5,000	7,95
141	629	SENAVE Shauni	Mendonk	Dames	1	0:37:48	5,000	7,94
142	1057	WAEGENEIRE Kiara		Dames	1	0:37:51	5,000	7,93
143	1004	MINNOYE Femke		Dames	1	0:37:54	5,000	7,92
144	503	DE MESSEMAEKER Nicole	Lochristi	Dames	1	0:37:57	5,000	7,91
145	564	HOFMAN Ely	Lochristi	Dames	1	0:37:58	5,000	7,9
146	679	VAN DEN EYNDE Anna	Gent	Dames	1	0:38:17	5,000	7,84
147	487	DE CLERCQ Hannah	Lochristi	Dames	1	0:38:17	5,000	7,84
148	615	PIETERS Jolien	België	Dames	1	0:38:23	5,000	7,82
149	643	THYS Carol	Lochristi	Dames	1	0:38:23	5,000	7,82
150	593	MEIRESONNE Cynthia	Destelbergen	Dames	1	0:38:45	5,000	7,74
151	590	MARTENS Ilse	Lochristi	Dames	1	0:38:52	5,000	7,72
152	1059	VAN NUFFEL Nissa		Dames	1	0:38:56	5,000	7,71
153	555	GOETHALS Lies	Oostakker	Dames	1	0:38:57	5,000	7,7
154	1061	VAN DEN ABBEELE Silke		Dames	1	0:39:05	5,000	7,68
155	1060	VAN HOECKE Marielle		Dames	1	0:39:06	5,000	7,67
156	433	BRACKE Leen	Oostakker	Dames	1	0:39:07	5,000	7,67
157	728	VANHEMELRYCK Brechje	Oostakker	Dames	1	0:39:07	5,000	7,67
158	600	MISTIAEN Merel	Lochristi	Dames	1	0:39:13	5,000	7,65
159	458	CLAUWAERT Maya	Lochristi	Dames	1	0:39:16	5,000	7,64
160	534	DHONT Kimberly	Zaffelare	Dames	1	0:39:30	5,000	7,59
161	727	VANHELSUWÉ Lais	Oostakker	Dames	1	0:39:31	5,000	7,59
162	464	COYSMAN Melissa	Zaffelare	Dames	1	0:39:33	5,000	7,59
163	631	SERLIPPENS Pauline	Lochristi	Dames	1	0:39:33	5,000	7,59
164	429	BOONE Femke	Lochristi	Dames	1	0:39:39	5,000	7,57
165	722	VANDENDRIESSCHE Esther	Oostakker	Dames	1	0:39:51	5,000	7,53
166	435	BRAECKMAN Nel	Oostakker	Dames	1	0:40:38	5,000	7,38
167	779	GALENS Maité	Oostakker	Dames	1	0:40:38	5,000	7,38
168	495	DE DECKEL Sarah	Destelbergen	Dames	1	0:40:40	5,000	7,38
169	498	DE JONG Lotte	Gent	Dames	1	0:40:41	5,000	7,37

170	484	DE CLERCQ Ella	Oostakker	Dames	1	0:40:45	5,000	7,36
171	795	?		Dames	1	0:40:48	5,000	7,35
172	441	BROECKHOVE Letizia	Oostakker	Dames	1	0:40:56	5,000	7,33
173	667	VAN DE VEIRE Jade	Oostakker	Dames	1	0:40:56	5,000	7,33
174	618	PUIMEGE Wendy	Lochristi	Dames	1	0:41:02	5,000	7,31
175	462	COPPIETERS Els	Oostakker	Dames	1	0:41:03	5,000	7,31
176	700	VAN NIEUWENHUYZE Britt	Lochristi	Dames	1	0:41:04	5,000	7,31
177	405	BAEKE Amber	Lokeren	Dames	1	0:41:05	5,000	7,3
178	488	DE CLERCQ Febe	Lochristi	Dames	1	0:41:16	5,000	7,27
179	572	KARTAL Sinem	Gent	Dames	1	0:41:16	5,000	7,27
180	614	PIETERS Jana	Oostakker	Dames	1	0:42:12	5,000	7,11
181	525	DE WULF Jana	Oostakker	Dames	1	0:42:12	5,000	7,11
182	1087	DE BAERTS Ellis		Dames	1	0:42:13	5,000	7,11
183	715	VAN WONTERGHEM Elien	Gentbrugge	Dames	1	0:42:14	5,000	7,1
184	1003	ONGHENA Emely		Dames	1	0:42:19	5,000	7,09
185	1002	DE MEYER Maythe		Dames	1	0:42:23	5,000	7,08
186	789	DE WITTE Anaïs	Oostakker	Dames	1	0:42:36	5,000	7,04
187	758	COPPENS Nele	Gent	Dames	1	0:42:39	5,000	7,03
188	759	DE GUCHT Ann-Sofie	Gent	Dames	1	0:42:39	5,000	7,03
189	757	NOPPE Natacha	Gent	Dames	1	0:42:40	5,000	7,03
190	473	DE BAETS Lena	Lochristi	Dames	1	0:42:44	5,000	7,02
191	551	GERRES Rune	Sint-Kruis-Winkel	Dames	1	0:42:46	5,000	7,01
192	596	MESTDAG Elien	Oostakker	Dames	1	0:42:47	5,000	7,01
193	1078	YALAZ Dilara		Dames	1	0:42:47	5,000	7,01
194	601	MOENAERT Anke	Sint-Amandsberg	Dames	1	0:42:55	5,000	6,99
195	652	VAN BEEK Zina	Oostakker	Dames	1	0:42:56	5,000	6,99
196	610	OZER Aylin	Gent	Dames	1	0:43:00	5,000	6,98
197	455	CLAES Margot	Destelbergen	Dames	1	0:43:01	5,000	6,97
198	431	BOUCHÉ Laurine	Beervelde	Dames	1	0:43:04	5,000	6,97
199	751	YAGRAYA Thina	Wondelgem	Dames	1	0:43:04	5,000	6,97
200	557	GOETHALS Mara	Oostakker	Dames	1	0:43:05	5,000	6,96
201	695	VAN MEIRVENNE Yuna	Beervelde	Dames	1	0:43:06	5,000	6,96
202	753	YSEBAERT Emma	Beervelde	Dames	1	0:43:06	5,000	6,96
203	595	MEREL Vermeire	Oostakker	Dames	1	0:43:07	5,000	6,96
204	410	BASTIAENS Febe	Lokeren	Dames	1	0:43:07	5,000	6,96
205	510	DE SCHOENMACKER Lien	Lochristi	Dames	1	0:43:33	5,000	6,89
206	1035	VERVAET Sabien		Dames	1	0:43:39	5,000	6,87
207	486	DE CLERCQ Sandra	Oostakker	Dames	1	0:44:38	5,000	6,72
208	1006	VERDURME Angie		Dames	1	0:44:45	5,000	6,7
209	1007	VAN BOUCHAUTE Tyani		Dames	1	0:44:45	5,000	6,7
210	787	VERDURME Shannon	Lochristi	Dames	1	0:44:46	5,000	6,7
211	1005	VAN DE VOORDE Axelle		Dames	1	0:44:46	5,000	6,7
212	736	VERHELST Sarieke	Oostakker	Dames	1	0:44:56	5,000	6,68
213	686	VAN DRIESSCHE Talitha	Oostakker	Dames	1	0:44:57	5,000	6,67
214	560	HANNAERT Nancy	Gent	Dames	1	0:45:08	5,000	6,65
215	1043	DUYCK Cathinca		Dames	1	0:46:06	5,000	6,51
216	404	AUDENAERT Laurence	Lochristi	Dames	1	0:46:07	5,000	6,51
217	612	PAM Fonderie	Oostakker	Dames	1	0:46:12	5,000	6,49
218	663	VAN DE SOMPELE Karolina	Zaffelare	Dames	1	0:46:12	5,000	6,49
219	545	FRANCET Amelie	Lokeren	Dames	1	0:46:14	5,000	6,49
220	731	VANNEUVILLE Tiziana	Gent	Dames	1	0:46:14	5,000	6,49
221	620	REYBROECK Julie	Zaffelare	Dames	1	0:46:14	5,000	6,49
222	660	VAN DE GEHUCHTE Margot	Gent	Dames	1	0:49:48	5,000	6,02
223	613	PARISIS Chinouk	Zaffelare	Dames	1	0:52:58	5,000	5,66



224	1086	SPYBROECK Karolien		Dames	1	0:52:58	5,000	5,66
225	432	BOURGOIS Katelijne	Heule	Dames	1	0:52:59	5,000	5,66
226	616	PIJPELINK Femke	Evergem	Dames	1	0:52:59	5,000	5,66
227	1014	SOETAERT Patrica		Dames	1	0:53:00	5,000	5,66
228	509	DE SCHEPPER Sasha	Sint-Amansberg	Dames	1	0:53:01	5,000	5,66

### Categorie: Heren 10 km

Pl.	Bib	Naam:	Woonplaats/Club	M / F	Laps	Race Time	Distance in km:	Km/u
1	326	MISPLON Bert		Heren	2	0:36:19	20,000	33,04
2	298	VAN LANDSCHOOT Frederiek	Maldegem	Heren	2	0:36:21	20,000	33,01
3	257	MONCHY Wouter	Wichelen	Heren	2	0:36:34	20,000	32,82
4	226	DEPOORTER Wesley	Sint Amansberg	Heren	2	0:38:25	20,000	31,24
5	245	LISABETH Xavier	Sint-Amansberg	Heren	2	0:39:00	20,000	30,77
6	290	VAN DRIESSCHE Gunther	Lochristi	Heren	2	0:39:08	20,000	30,66
7	294	VAN KERCKVOORDE Gilles	Uustakker	Heren	2	0:39:56	20,000	30,05
8	307	VANDERPIETE Bram	Lochristi	Heren	2	0:40:18	20,000	29,78
9	202	BOMBEKE Roderik	Oudenaarde	Heren	2	0:41:37	20,000	28,83
10	297	VAN LANDEGHEM Robin	Oostakker	Heren	2	0:42:44	20,000	28,08
11	208	D'HONDT Martijn	Oostakker	Heren	2	0:42:45	20,000	28,07
12	304	VANDECASTEELE Anick	Sint-Amansberg	Heren	2	0:44:42	20,000	26,85
13	309	VANHEMELRYCK Koen	De Pinte	Heren	2	0:44:42	20,000	26,85
14	240	KETELAERE Joris	Gent	Heren	2	0:44:52	20,000	26,75
15	258	MULTAEL Brend	Oostakker	Heren	2	0:46:34	20,000	25,77
16	221	DE ROOSE Rick	Oostakker	Heren	2	0:46:36	20,000	25,75
17	259	NEIRYNCK Arthur	Sint Amansberg	Heren	2	0:46:49	20,000	25,63
18	232	GOMMERS Bart	Lochristi	Heren	2	0:46:56	20,000	25,57
19	333	VANYSACKER Jens		Heren	2	0:47:04	20,000	25,5
20	332	ROOS Harald		Heren	2	0:47:14	20,000	25,41
21	318	ACKERMAN Erik		Heren	2	0:47:20	20,000	25,35
22	247	MALFLIET Sander	Erpe Mere	Heren	2	0:48:09	20,000	24,92
23	263	PAUWELS Tijs	Gent	Heren	2	0:48:09	20,000	24,92
24	243	LATTE Daab	Oostakker	Heren	2	0:48:19	20,000	24,84
25	207	CELI Christ	Eksaarde	Heren	2	0:48:59	20,000	24,5
26	261	PAEPENS Bavo	Oostakker	Heren	2	0:49:20	20,000	24,32
27	213	DE BOSSCHER Dirk	Lokeren	Heren	2	0:49:58	20,000	24,02
28	218	DE JAEGER Alain	Gent	Heren	2	0:50:00	20,000	24
29	275	SMESSAERT Arne	Desteldonk	Heren	2	0:50:13	20,000	23,9
30	239	INGHELBRECHT Arne	Oostakker	Heren	2	0:50:14	20,000	23,89
31	325	MEULEWAETER Marc		Heren	2	0:50:25	20,000	23,8
32	281	TONNIAU Marnix	Sint-Amansberg	Heren	2	0:50:38	20,000	23,7
33	274	SEMEESE Johan	Oostakker	Heren	2	0:50:59	20,000	23,54
34	224	DE VILDER Stefan	Oostakker	Heren	2	0:51:23	20,000	23,35
35	201	BERINTAN Dorian	Gentbrugge	Heren	2	0:51:28	20,000	23,32
36	630	SERLIPPENS Tobias	Lochristi	Heren	2	0:51:41	20,000	23,22
37	323	NAUDTS Kris		Heren	2	0:51:43	20,000	23,2
38	237	HOVAERE Bart	Oostakker	Heren	2	0:51:59	20,000	23,08
39	327	STEVENS Gerd		Heren	2	0:52:02	20,000	23,06
40	268	ROMBAUT Rube	Lokeren	Heren	2	0:52:06	20,000	23,03
41	311	VYNCKE Kristof	Desteldonk	Heren	2	0:52:16	20,000	22,96
42	241	LAGAE Erik	Sint-Amansberg	Heren	2	0:52:20	20,000	22,93
43	252	MEERSMAN Andries	Sint Amansberg	Heren	2	0:52:21	20,000	22,92
44	328	VERBRUGGE Eppo		Heren	2	0:52:33	20,000	22,84
45	289	VAN DEN BULCKE Tibe	Wondelgem	Heren	2	0:52:40	20,000	22,78
46	262	PAEPENS Alec	Oostakker	Heren	2	0:53:44	20,000	22,33

47	324	DE DONCKER Anton		Heren	2	0:53:53	20,000	22,27
48	253	MEESEN Ebbe	Oostakker	Heren	2	0:54:14	20,000	22,13
49	264	PIETER-JAN Deduytschaever	Destelbergen	Heren	2	0:54:17	20,000	22,11
50	329	HOSTE Natan		Heren	2	0:54:41	20,000	21,94
51	330	VOLCKAERT Vik		Heren	2	0:55:08	20,000	21,77
52	214	DE COOREMETER Floris	Oostakker	Heren	2	0:55:10	20,000	21,75
53	285	VAN DE VOORDE Stijn	Sleidinge	Heren	2	0:55:18	20,000	21,7
54	233	GUNST Bart	Lochristi	Heren	2	0:55:21	20,000	21,68
55	231	FRET Arne	Oostakker	Heren	2	0:55:21	20,000	21,68
56	287	VAN DEN BOSSCHE Ludo	Oostakker	Heren	2	0:56:01	20,000	21,42
57	220	DE KLIPPEL Berten	Brakel	Heren	2	0:57:22	20,000	20,92
58	273	SEGERS Quinten	Merelbeke	Heren	2	0:57:24	20,000	20,91
59	303	VAN WASSENHOVE Karel	Mariakerke	Heren	2	0:57:49	20,000	20,76
60	206	CANNOOT Iebe	Nazareth	Heren	2	0:57:51	20,000	20,74
61	306	VANDERMARLIERE Sam	Melle	Heren	2	0:57:53	20,000	20,73
62	296	VAN LANDEGHEM Arne	Oostakker	Heren	2	0:58:03	20,000	20,67
63	286	VAN DE WALLE Kian	Oostakker	Heren	2	0:58:08	20,000	20,64
64	308	VANGAMPELAERE Geert	Oostakker	Heren	2	0:58:08	20,000	20,64
65	295	VAN LANDEGHEM Tim	Oostakker	Heren	2	0:58:28	20,000	20,52
66	310	VERBEKE Kevin	Gent	Heren	2	0:58:45	20,000	20,43
67	260	NIMMEGEERS Franky	Lochristi	Heren	2	0:58:52	20,000	20,39
68	291	VAN HAMME Emile	Oostakker	Heren	2	0:58:56	20,000	20,36
69	300	VAN OVERBERGHE Marnix	Gent	Heren	2	0:59:10	20,000	20,28
70	292	VAN HAMME Sven	Oostakker	Heren	2	0:59:16	20,000	20,25
71	200	BAUDONCQ Kenneth	Heusden	Heren	2	1:00:14	20,000	19,92
72	205	CANNOOT Filip	Nazareth	Heren	2	1:01:17	20,000	19,58
73	690	VAN HOOREBEKE Vincent	Oostakker	Heren	2	1:01:19	20,000	19,57
74	317	CORDOVA DE LA CRUZ Eddy	Sint-Amandsberg	Heren	2	1:01:35	20,000	19,49
75	316	VAN LAERE Elias	Oostakker	Heren	2	1:01:36	20,000	19,48
76	211	DE BAERDEMAEKER Niels	Sleidinge	Heren	2	1:01:59	20,000	19,36
77	271	SCHACHINGER Matthias	Lovendegem	Heren	2	1:02:00	20,000	19,35
78	217	DE JAEGER Pieter	Sleidinge	Heren	2	1:02:06	20,000	19,32
79	276	SOBRIE Joppe	Sint-Amandsberg	Heren	2	1:02:23	20,000	19,24
80	238	INGHELBRECHT Kurt	Oostakker	Heren	2	1:02:30	20,000	19,2
81	1063	?		Heren	2	1:03:32	20,000	18,89
82	320	STEVENS Peter		Heren	2	1:03:51	20,000	18,79
83	319	DHONDT Kobe		Heren	2	1:04:30	20,000	18,6
84	284	VAN DE PUTTE Jonas	Oostakker	Heren	2	1:04:40	20,000	18,56
85	299	VAN MALCOT Jurgen	Lochristi	Heren	2	1:04:58	20,000	18,47
86	334	DE VLIAGER Bryan		Heren	2	1:05:11	20,000	18,41
87	254	MEESEN Emerson	Oostakker	Heren	2	1:05:31	20,000	18,32
88	256	MEULEWAETER Pieter	Mariakerke	Heren	2	1:05:43	20,000	18,26
89	242	LAROY Bodhi	Zaffelare	Heren	2	1:05:44	20,000	18,26
90	265	RECEP Birdane	Oostakker	Heren	2	1:05:44	20,000	18,26
91	210	DAENEN Laurens	Heusden	Heren	2	1:05:51	20,000	18,22
92	251	MATTHEEUSEN Jeroen	Heusden	Heren	2	1:05:52	20,000	18,22
93	305	VANDELANOTTE Victor	Destelbergen	Heren	2	1:06:22	20,000	18,08
94	249	MARTENS Jolan	Oostakker	Heren	2	1:06:23	20,000	18,08
95	203	BRENT Heemans	Oostakker	Heren	2	1:07:21	20,000	17,82
96	266	REUNES Guido	Melle	Heren	2	1:08:19	20,000	17,57

**Categorie: Dames 10 km**

Pl.	Bib	Naam:	Woonplaats/Club	M / F	Laps	Race Time	Distance in km:	Km/u
1	293	VAN HERREWEGHE Debbie	Oostakker	Dames	2	0:50:21	20,000	23,83

2	321	HESTERS Sofie		Dames	2	0:51:40	20,000	23,23
3	269	ROMBAUT Nena	Lokeren	Dames	2	0:52:07	20,000	23,03
4	230	FESTJENS Tine	Drongen	Dames	2	0:53:01	20,000	22,63
5	244	LINGIER Sofie	Gentbrugge	Dames	2	0:53:02	20,000	22,63
6	248	MARTENS Katrien	Oostakker	Dames	2	0:53:41	20,000	22,35
7	322	CLAEYS Marijke		Dames	2	0:54:40	20,000	21,95
8	246	MAHIEU Nancy	Oostakker	Dames	2	0:56:17	20,000	21,32
9	212	DE BOCK Mirke	Oostakker	Dames	2	0:57:00	20,000	21,05
10	280	TJOLLE Isabelle	Gent	Dames	2	0:58:16	20,000	20,59
11	227	DEUNINCK Claudia	Desteldonk	Dames	2	1:00:32	20,000	19,82
12	216	DE JAEGER Barbara	Oostakker	Dames	2	1:00:32	20,000	19,82
13	234	GUNST Femke	Lochristi	Dames	2	1:00:44	20,000	19,76
14	209	D'HUYVETTER Lieve	Lokeren	Dames	2	1:01:47	20,000	19,42
15	228	DEVELTERE Aagje	Lochristi	Dames	2	1:02:40	20,000	19,15
16	279	TIMPERMAN Anne Marie	Sint-Amandsberg	Dames	2	1:02:44	20,000	19,13
17	235	HENCKENS Geertje	Gent	Dames	2	1:02:47	20,000	19,11
18	277	STEVENS Kelly	Lochristi	Dames	2	1:05:13	20,000	18,4
19	313	DUTHOO Eva	Sint-Amandsberg	Dames	2	1:05:18	20,000	18,38
20	282	VAN BENEDEN Sarah	Oostakker	Dames	2	1:06:33	20,000	18,03
21	301	VAN PARYS Synthia	Oostakker	Dames	2	1:06:42	20,000	17,99
22	288	VAN DEN BOSSCHE Vicky	Oostakker	Dames	2	1:06:43	20,000	17,99
23	302	VAN PARYS Daynah	Destelbergen	Dames	2	1:06:52	20,000	17,95
24	272	SCHOUTTETEN Annelore	Oostakker	Dames	2	1:07:09	20,000	17,87
25	255	MERCIER Laure	Oostakker	Dames	2	1:07:39	20,000	17,74
26	222	DE SCHRYVER Gilles	Oostakker	Dames	1	0:27:16	10,000	22