



## ROS Beiaard Ploegen Triatlon en Duatlon - 18/05/2014 DENDERMONDE

**Afstanden:** 1,7km Lopen/ 7,5km Fietsen /1,7 km Lopen

**Starturen:** 13:00:00

**Website:** <http://triatlon.sgr18.g-o.be/joomla/>

### Uitslagen Categorie

#### Categorie: 1e, 2e, 3e lj. SO. Jongensploeg Duatlon (JSODua)

Pct	PAI	Naam (Teamnaam)	Woonplaats	Nr	Cat	Run1 #	Bike #	Run2 #	Finish
1	8	Mc Swaggers   Kyan Luca & Nelson	/	264	JSODua	0:06:53 ( 25 )	0:16:59 ( 1 )	0:07:28 ( 8 )	0:31:20
2	21	Yens en Seppe   Bertin Yens & Cleemput Seppe	/	260	JSODua	0:07:18 ( 31 )	0:20:33 (16)	0:07:33 (10)	0:35:24
3	23	Junior Dream Team   Guimah Ian & Quinten	/	261	JSODua	0:07:00 ( 26 )	0:22:24 (26)	0:06:59 ( 2 )	0:36:23
4	24	De Verliezers   Robbe & Pieterjan	/	266	JSODua	0:04:38 ( 19 )	0:20:26 (14)	0:08:20 (20)	0:36:30
5	25	Ruben en Dries Dries & Ruben	/	267	JSODua	0:07:36 ( 37 )	0:19:27 ( 6 )	0:07:55 (13)	0:36:52
6	26	Ghost Force   Joël Sohrab & Nikita	/	263	JSODua	0:08:09 ( 52 )	0:19:52 ( 9 )	0:08:53 (27)	0:36:54
7	31	Falco en Sabri   Tas Falco & Ouahab Sabri	/	265	JSODua	0:08:13 ( 54 )	0:23:44 (30)	0:09:19 (30)	0:41:16
8	33	Hein Klompschoen   Maxim Jeffrey & Lenn	/	262	JSODua	0:09:08 ( 77 )	0:28:12 (34)	0:06:15 ( 1 )	0:43:35

#### Categorie: 1e, 2e, 3e lj. SO. Jongensploeg Triatlon (JSOTri)

Pct	PAI	Naam (Teamnaam)	Woonplaats	Nr	Cat	Run1 #	Bike #	Run2 #	Finish
1	2	2 Good For You   Jarno Lias & Lander	/	257	JSOTri	0:03:39 ( 8 )	0:17:52 ( 2 )	0:08:05 (17)	0:29:36
2	4	Tijl, Mats en Andries   Tijl Mats & Andries	/	252	JSOTri	0:03:07 ( 3 )	0:20:15 (13)	0:07:20 ( 5 )	0:30:42
3	6	De Snelle Slakken   Lowie Joachim & Emiel	/	254	JSOTri	0:03:10 ( 4 )	0:20:27 (15)	0:07:23 ( 6 )	0:31:00
4	7	Mats, Timon en Jens   Mats Timon & Jens	/	248	JSOTri	0:03:57 ( 10 )	0:19:36 ( 7 )	0:07:32 ( 9 )	0:31:05
5	9	De Sportertjes   Danté, Lars & Jens	/	245	JSOTri	0:03:22 ( 5 )	0:20:02 (12)	0:08:25 (21)	0:31:49
6	10	De kampeerders   Flore Victor & Pepijn	/	255	JSOTri	0:04:21 ( 15 )	0:19:54 (11)	0:08:03 (16)	0:32:18
7	11	Hugo, Kenny en Wout   Hugo Kenny & Wout	/	256	JSOTri	0:02:32 ( 1 )	0:21:08 (20)	0:08:49 (26)	0:32:29
8	13	ArLaSe   Lander Arthur & Senne	/	259	JSOTri	0:03:36 ( 7 )	0:19:52 (10)	0:09:37 (33)	0:33:05
9	14	Bad Boys   Dieuwe Noah & Louis	/	247	JSOTri	0:04:01 ( 12 )	0:21:27 (22)	0:07:41 (12)	0:33:09
10	16	Madhouse   Arne Diede & Matthias	/	253	JSOTri	0:06:50 ( 24 )	0:19:41 ( 8 )	0:07:03 ( 3 )	0:33:34
11	18	Tristan, Senne en Daniel   Tristan Senne & Daniel	/	258	JSOTri	0:04:28 ( 17 )	0:20:46 (19)	0:09:08 (29)	0:34:22
12	20	De Gladiatoren   Kaan Lars & Sander	/	249	JSOTri	0:04:03 ( 13 )	0:22:56 (27)	0:08:08 (19)	0:35:07
13	22	007   Jasper Thomas & Sander	/	246	JSOTri	0:04:55 ( 20 )	0:22:08 (25)	0:09:04 (28)	0:36:07
14	27	Zebbi's II   Dayé Mohammed & Jelle	/	251	JSOTri	0:04:24 ( 16 )	0:24:19 (31)	0:08:30 (22)	0:37:13
		DNS Zebis I   Bjorn Mika & Jozef	/	250	JSOTri	( )	( )	( )	

#### Categorie: 5de en 6de lj. Jongensploeg Duatlon (JBOTri)

Pct	PAI	Naam (Teamnaam)	Woonplaats	Nr	Cat	Run1 #	Bike #	Run2 #	Finish
1	28	Gymboys   Maan Abel & Timon	/	244	JBOTri	0:08:02 ( 50 )	0:22:02 (24)	0:08:00 (15)	0:38:04
2	32	268	/	268	JBOTri	0:08:44 ( 65 )	0:23:31 (29)	0:09:36 (32)	0:41:51
3	35	De Kampioenen   Baptiste Henri & Kobe	/	243	JBOTri	0:08:30 ( 60 )	0:23:08 (28)	0:20:29 (43)	0:52:07

## Categorie: 5de en 6de lj. Jongensploeg Triatlon (JBODua)

Pct	PAI	Naam (Teamnaam)	Woonplaats	Nr	Cat	Run1 #	Bike #	Run2 #	Finish
1	1	Het Veertjes Team   Senne Wout & Nathan	/	238	JBODua	0:03:26 ( 6 )	0:18:02 ( 3 )	0:08:08 ( 18 )	0:29:36
2	3	Die van Schunouren   Amber Jarne & Runar	/	236	JBODua	0:04:00 ( 11 )	0:19:13 ( 5 )	0:07:16 ( 4 )	0:30:29
3	5	Real Barça   Chouman Diaz & Quinten	/	241	JBODua	0:04:20 ( 14 )	0:18:49 ( 4 )	0:07:36 ( 11 )	0:30:45
4	15	De Speelplaneet   Ayko Jules & Loes	/	240	JBODua	0:05:10 ( 21 )	0:20:34 ( 17 )	0:07:27 ( 7 )	0:33:11
5	17	Ben-Berten-Rachid   Ben Berten & Rachis	/	237	JBODua	0:05:21 ( 23 )	0:20:43 ( 18 )	0:07:57 ( 14 )	0:34:01
		DNS FC Kip   Dario Wout & Jesse	/	239	JBODua	( )	( )	( )	

## Categorie: 5de en 6de lj. Meisjesploeg Duatlon (MBOTri)

Pct	PAI	Naam (Teamnaam)	Woonplaats	Nr	Cat	Run1 #	Bike #	Run2 #	Finish
1	34	Margot en Chloe   De Donder Chloe & Margot De Hae	/	242	MBOTri	0:09:08 ( 78 )	0:28:15 ( 35 )	0:09:57 ( 34 )	0:47:20

## Categorie: 5de en 6de lj. Meisjesploeg Triatlon (MBODua)

Pct	PAI	Naam (Teamnaam)	Woonplaats	Nr	Cat	Run1 #	Bike #	Run2 #	Finish
1	12	Dream Team   Britt Amber & Lise	/	233	MBODua	0:02:36 ( 2 )	0:21:24 ( 21 )	0:08:48 ( 25 )	0:32:48
2	19	Girlpower   Boony Manon & Faye	/	232	MBODua	0:03:51 ( 9 )	0:21:59 ( 23 )	0:08:45 ( 24 )	0:34:35
3	29	Team Geweldig Junior   Lotte Paulien & Elise	/	235	MBODua	0:04:35 ( 18 )	0:26:20 ( 33 )	0:08:38 ( 23 )	0:39:33
4	30	Zalaxa   Xandrine Zara & Lare	/	231	MBODua	0:05:18 ( 22 )	0:25:09 ( 32 )	0:09:28 ( 31 )	0:39:55
		DNS De Bijenkorf   Anke Rachela & Sarah	/	234	MBODua	( )	( )	( )	

## Categorie: Dames Ind. Triatlon Open (DOPEN)

Pct	PAI	Naam (Teamnaam)	Woonplaats	Nr	Cat	Run1 #	Bike #	Run2 #	Finish
1	75	Desaunois Eline	St-niklaas	140	DOPEN	0:07:54 ( 41 )	0:37:04 ( 96 )	0:25:05 ( 93 )	1:10:03
2	101	Van Damme Veerle	Hamme	126	DOPEN	0:10:51 ( 107 )	0:38:28 ( 133 )	0:24:33 ( 81 )	1:13:52
3	116	Vervaeet Jocelyne	Adegem	120	DOPEN	0:09:02 ( 74 )	0:38:17 ( 127 )	0:29:01 ( 140 )	1:16:20
4	140	Godeau Carla	Aalst	118	DOPEN	0:13:49 ( 172 )	0:40:03 ( 147 )	0:27:02 ( 120 )	1:20:54
5	150	Ydens-Bogaert Ginie	Dendermonde	127	DOPEN	0:11:34 ( 127 )	0:42:00 ( 157 )	0:28:42 ( 134 )	1:22:16
6	158	Hectors Caroline	Brecht	121	DOPEN	( )	( )	0:31:52 ( 162 )	1:25:25
7	159	Wauters Elke	Hamme	131	DOPEN	0:08:34 ( 62 )	0:42:46 ( 163 )	0:34:10 ( 177 )	1:25:30
8	161	Delasorte Eline	Drongen	125	DOPEN	0:11:08 ( 116 )	0:46:31 ( 184 )	0:28:27 ( 133 )	1:26:06
9	164	Peetroons Karina	Groot-bijgaarden	115	DOPEN	0:12:13 ( 143 )	( )	( )	1:26:13
10	167	Verdonck Joyce	Kluizen	128	DOPEN	0:13:46 ( 171 )	0:40:02 ( 146 )	0:32:39 ( 166 )	1:26:27
11	175	Coene Maya	Erembodegem	113	DOPEN	0:12:50 ( 155 )	0:43:05 ( 166 )	0:33:43 ( 175 )	1:29:38
12	177	Van Dyck Karolien	Wilrijk	114	DOPEN	0:12:52 ( 157 )	0:44:45 ( 176 )	0:33:47 ( 176 )	1:31:24
13	180	Vandercruyssen Celine	Wetteren	122	DOPEN	0:12:47 ( 152 )	0:45:22 ( 179 )	0:34:23 ( 179 )	1:32:32
14	181	Van Herreweghe Barbara	De Pinte	116	DOPEN	0:13:10 ( 160 )	0:44:01 ( 170 )	0:35:24 ( 184 )	1:32:35
15	186	De Buel Veerle	Groot-bijgaarden	117	DOPEN	0:12:36 ( 148 )	0:42:26 ( 161 )	0:39:40 ( 194 )	1:34:42
16	187	Dobbelaer Jill	Sint-niklaas	134	DOPEN	0:15:13 ( 186 )	0:45:56 ( 181 )	0:33:35 ( 174 )	1:34:44
17	188	Caekelbergh Karin	Drongen	119	DOPEN	0:15:37 ( 190 )	0:47:26 ( 186 )	0:33:09 ( 173 )	1:36:12
18	189	Thuisbaert Steffi	Wijk NI	139	DOPEN	0:14:57 ( 182 )	0:46:16 ( 183 )	0:36:07 ( 185 )	1:37:20
19	191	Den Herder Veerle	Erpe-mere	130	DOPEN	0:15:30 ( 189 )	0:47:35 ( 189 )	0:35:14 ( 183 )	1:38:19
20	197	Boeykens Elke	Brugge	132	DOPEN	0:15:49 ( 191 )	0:51:49 ( 196 )	0:40:23 ( 195 )	1:48:01

21	198	Van Assche Elke	Denderleeuw	136	DOPEN	0:17:43 (198)	0:52:30 (197)	0:38:24 (191)	1:48:37
22	199	Dehenau Anneleen	Zandbergen	137	DOPEN	0:12:49 (154)	0:50:18 (192)	0:46:18 (200)	1:49:25
23	200	Thuysbaert Sara	Schellebelle	138	DOPEN	0:17:22 (195)	0:50:30 (193)	0:42:45 (197)	1:50:37
		DNS Bourry Laetitia	Rekkem	133	DOPEN	( )	( )	( )	
		DNS Kestens Ann	Roosdaal	123	DOPEN	( )	( )	( )	
		DNS Vansteenkiste Eva	Izegem	124	DOPEN	( )	( )	( )	
		DNS Knockaert Christine	Destelbergen	129	DOPEN	( )	( )	( )	
		DNS Gysens Linda	Haaltert	135	DOPEN	( )	( )	( )	

### Categorie: H Pl Jeugd Duatlon -18 (HJ Dua)

Pct	PAI	Naam (Teamnaam)	Woonplaats	Nr	Cat	Run1 #	Bike #	Run2 #	Finish
1	128	De Allochtonen   Mahi Yassine & Van Cleempoel Jim	/	197	HJ Dua	0:11:02 (112)	0:37:28 (103)	0:29:49 (149)	1:18:19

### Categorie: H Pl Jeugd Triatlon -18 (HJ Tri)

Pct	PAI	Naam (Teamnaam)	Woonplaats	Nr	Cat	Run1 #	Bike #	Run2 #	Finish
1	84	De Beiren van de WTT   Jelle Cedric & Jesse	/	195	HJ Tri	0:07:56 (43)	0:38:38 (135)	0:25:15 (97)	1:11:49
2	88	The Winners   Vic Brent & Jordi	/	196	HJ Tri	0:09:06 (76)	0:38:09 (129)	0:25:02 (92)	1:12:17

### Categorie: Heren Ind. Triatlon (HOPEN)

Pct	PAI	Naam (Teamnaam)	Woonplaats	Nr	Cat	Run1 #	Bike #	Run2 #	Finish
1	36	Veramme Koen	/	75	HOPEN	0:10:08 (91)	0:30:18 (37)	0:20:03 (39)	1:00:29
2	37	Duym Jelle	Burcht	16	HOPEN	0:08:17 (56)	0:32:13 (39)	0:20:19 (41)	1:00:49
3	38	De Rybel Ruud	Wieze	1	HOPEN	0:08:04 (51)	0:32:28 (41)	0:20:50 (47)	1:01:22
4	39	De Jonghe Lukas	Gent	85	HOPEN	0:07:10 (27)	0:33:17 (49)	0:21:18 (48)	1:01:45
5	40	De Neef Kristof	Liedekerke	110	HOPEN	0:07:11 (28)	0:33:14 (48)	0:21:29 (49)	1:01:54
6	41	De Decker Bruno (clubkamp)	Dendermonde	141	HOPEN	0:08:21 (57)	0:31:15 (38)	0:22:34 (59)	1:02:10
7	42	Van Verre Wim	Malderen	70	HOPEN	0:08:57 (70)	0:32:46 (45)	0:20:30 (44)	1:02:13
8	43	Verbist Hans	Essen	22	HOPEN	0:08:01 (49)	0:32:33 (42)	0:21:49 (50)	1:02:23
9	44	Martens Ruben	Koewacht	46	HOPEN	0:07:52 (40)	0:33:55 (55)	0:20:41 (45)	1:02:28
10	45	De Smet Laurens (clubkamp)	Lebbeke	143	HOPEN	0:08:11 (53)	0:32:25 (40)	0:21:53 (51)	1:02:29
11	46	De Gendt Ruben	Gent	48	HOPEN	0:07:56 (42)	0:32:37 (43)	0:21:59 (53)	1:02:32
12	49	Vercarre Jurgen	Middelkerke	12	HOPEN	0:07:59 (46)	0:44:19 (173)	0:10:55 (35)	1:03:13
13	50	Staelens Dieter	Adegem	24	HOPEN	0:07:30 (36)	0:33:07 (47)	0:23:24 (69)	1:04:01
14	51	De Boeck Lennart	Evergem	47	HOPEN	0:08:01 (48)	0:33:48 (54)	0:22:26 (57)	1:04:15
15	52	Mannaert Tomas (clubkamp)	Dendermonde	158	HOPEN	( )	( )	0:23:10 (64)	1:04:50
16	53	De Wispelaere Luc	Hamme	55	HOPEN	0:09:04 (75)	0:32:42 (44)	0:23:39 (76)	1:05:25
17	54	Janssens Dieter (clubkamp)	Denderbelle	156	HOPEN	0:08:41 (64)	0:33:04 (46)	0:24:06 (78)	1:05:51
18	56	Lagache Stijn	Roeselare	17	HOPEN	0:08:32 (61)	0:35:28 (68)	0:22:18 (56)	1:06:18
19	57	Poppe Gunnar	Lebbeke	98	HOPEN	0:07:46 (38)	0:34:04 (56)	0:18:37 (37)	1:06:19
20	58	Anné Filip	Haasdonk	100	HOPEN	0:08:29 (59)	0:35:33 (72)	0:23:01 (61)	1:07:03
21	59	Robberechts Ruben	Kapelle Op Den Bos	93	HOPEN	0:10:12 (95)	0:34:56 (61)	0:21:58 (52)	1:07:06
22	60	Cleynens Philip (clubkamp)	Dendermonde	152	HOPEN	0:10:10 (92)	0:34:51 (59)	0:22:29 (58)	1:07:30
23	61	De Wispelaere Jelle	Hamme	54	HOPEN	0:08:15 (55)	0:35:51 (78)	0:23:32 (72)	1:07:38
24	62	De Bilde Jorn (clubkamp)	Dendermonde	154	HOPEN	0:09:32 (82)	0:35:03 (62)	0:23:08 (63)	1:07:43
25	63	De Meester Filip	Aalst	92	HOPEN	0:10:46 (105)	0:41:28 (154)	0:15:30 (36)	1:07:44
26	64	Sanders Sören (clubkamp)	Dendermonde	149	HOPEN	0:07:27 (35)	0:35:22 (65)	0:25:00 (91)	1:07:49

27	65	Van den Broeck Walter	Buggenhout	99	HOPEN	0:09:44 ( 85 )	0:34:53 (60)	0:23:13 (66)	1:07:50
28	66	Van Dijck Frederik	Aartselaar	60	HOPEN	0:08:59 ( 71 )	0:35:35 (74)	0:23:30 (71)	1:08:04
29	67	Cuvelier Sander	De Panne	65	HOPEN	0:11:03 (113)	0:36:44 (92)	0:20:19 (42)	1:08:06
30	70	Smagghe Anton	Gent	27	HOPEN	0:08:26 ( 58 )	0:36:13 (83)	0:23:44 (77)	1:08:23
31	73	Van Langenhove Simon	Opwijk	105	HOPEN	0:07:16 ( 30 )	0:35:30 (70)	0:26:59 (117)	1:09:45
32	76	Lemey Hein	Watervliet	66	HOPEN	0:09:41 ( 84 )	0:35:23 (67)	0:25:14 (95)	1:10:18
33	78	Osselaer Robby (clubkamp)	/	203	HOPEN	0:09:51 ( 86 )	0:35:12 (63)	0:25:22 (100)	1:10:25
34	79	Van der Plas Bram	Zelee	33	HOPEN	0:07:19 ( 33 )	0:36:45 (93)	0:27:01 (119)	1:11:05
35	80	Van Bossche Dimitri (clubkamp)	Dendermonde	151	HOPEN	0:11:37 (129)	0:34:49 (58)	0:24:41 (85)	1:11:07
36	81	Van den Abbeele Philippe	Aalst	73	HOPEN	0:09:30 ( 81 )	0:38:25 (132)	0:23:20 (68)	1:11:15
37	83	De Block Maxim	Asse	72	HOPEN	0:10:07 ( 90 )	0:36:04 (82)	0:25:16 (99)	1:11:27
38	86	Van Hoeymissen Lewis (clubkamp)	Buggenhout	144	HOPEN	0:09:40 ( 83 )	0:37:52 (115)	0:24:24 (80)	1:11:56
39	89	Tabet Abdi (clubkamp)	Zelee	150	HOPEN	0:11:13 (117)	0:36:32 (89)	0:24:39 (84)	1:12:24
40	90	De Ridder Ivo	/	202	HOPEN	0:11:16 (118)	0:36:25 (85)	0:24:45 (86)	1:12:26
41	93	Mahieu Steve	Gistel	86	HOPEN	0:07:50 ( 39 )	0:36:51 (94)	0:25:14 (96)	1:12:57
42	94	Vermaelen Philippe	Gent	80	HOPEN	0:09:53 ( 87 )	0:38:09 (124)	0:24:56 (88)	1:12:58
43	95	Ponsaert Wim	Buggenhout	104	HOPEN	0:11:22 (120)	0:36:29 (87)	0:25:10 (94)	1:13:01
44	96	Van Vooren Brecht	Moorsel	77	HOPEN	0:07:57 ( 44 )	0:37:48 (112)	0:27:22 (123)	1:13:07
45	97	Landtsheer Andy	Grembergen	13	HOPEN	0:11:53 (133)	0:34:36 (57)	0:26:39 (111)	1:13:08
46	98	Steenbakker Chris	S-heerenhoek	82	HOPEN	0:10:11 ( 94 )	0:38:05 (122)	0:24:57 (89)	1:13:13
47	99	Vervaeet Martin	Oostakker	61	HOPEN	0:09:00 ( 72 )	0:38:35 (134)	0:25:45 (102)	1:13:20
48	100	De Munter Gert	Meldert	88	HOPEN	0:10:32 (100)	0:36:39 (91)	0:26:12 (106)	1:13:23
49	103	Smessaert Bart	Aalter	15	HOPEN	0:10:44 (103)	0:37:11 (98)	0:26:15 (107)	1:14:10
50	104	Mouton Davy (clubkamp)	Grembergen	148	HOPEN	0:10:30 ( 99 )	0:37:04 (97)	0:26:48 (114)	1:14:22
51	105	Joos Lieven	Zelee	62	HOPEN	0:11:05 (114)	0:36:37 (90)	0:26:59 (116)	1:14:41
52	106	Meyvaert Frederik	Gent	34	HOPEN	0:11:54 (134)	0:37:54 (119)	0:24:57 (90)	1:14:45
53	107	Traas Marcel	S-heerenhoek	84	HOPEN	0:11:01 (111)	0:37:22 (101)	0:26:33 (109)	1:14:56
54	108	Goossens Etienne (clubkamp)	Dendermonde	142	HOPEN	0:11:59 (139)	0:36:23 (84)	0:26:51 (115)	1:15:13
55	109	De Schoesitter Steven	Dendermonde	112	HOPEN	0:10:29 ( 98 )	0:35:35 (73)	0:29:33 (145)	1:15:37
56	110	Goudket Alain	Antwerpen	79	HOPEN	0:11:41 (130)	0:36:31 (88)	0:27:27 (124)	1:15:39
57	111	Aelbrecht Wouter	Lebbeke	49	HOPEN	0:08:50 ( 66 )	0:37:32 (107)	0:29:20 (144)	1:15:42
58	112	De Wolf Jorgen	Lebbeke	2	HOPEN	0:11:57 (136)	0:37:51 (114)	0:25:55 (104)	1:15:43
59	113	Verhulst Jan	Londerzeel	28	HOPEN	( )	( )	( )	1:15:47
60	114	Beckman Eddy	Oudegem	67	HOPEN	0:10:05 ( 89 )	0:37:53 (117)	0:28:00 (129)	1:15:58
61	115	Herzeel Ronny	Asse	25	HOPEN	0:11:44 (132)	0:37:55 (120)	0:26:35 (110)	1:16:14
62	117	Quide Bjorn	Moorsel	23	HOPEN	0:12:06 (141)	0:37:28 (104)	0:26:48 (113)	1:16:22
63	118	Geleyn Ronny	Verrebroek	7	HOPEN	0:11:58 (138)	0:37:47 (111)	0:26:41 (112)	1:16:26
64	119	Van Meerbeeck Christophe	Oud-heverlee	29	HOPEN	0:10:33 (101)	0:37:16 (99)	0:28:43 (135)	1:16:32
65	120	Vandewalle Bart	Oudegem	63	HOPEN	0:10:59 (109)	0:37:28 (102)	0:28:07 (130)	1:16:34
66	122	Vanderstraeten Jan	Kruishoutem	59	HOPEN	0:12:45 (150)	0:35:23 (66)	0:28:52 (137)	1:17:00
67	124	Callebaut Cedric	Aalst	71	HOPEN	0:11:56 (135)	0:37:54 (118)	0:27:48 (128)	1:17:38
68	125	Beeckman Patrick	Moorsel	38	HOPEN	0:11:31 (124)	0:39:06 (140)	0:27:28 (125)	1:18:05
69	126	De Leeuw Steven	Iddergem	8	HOPEN	0:13:15 (162)	0:37:53 (116)	0:27:01 (118)	1:18:09
70	129	Goeminne Gert	Sint-amandsberg	57	HOPEN	0:12:49 (153)	0:39:14 (141)	0:26:21 (108)	1:18:24
71	130	Breugelmans Manuel	Antwerpen	91	HOPEN	0:11:24 (122)	0:36:29 (86)	0:30:38 (155)	1:18:31
72	131	Vermeulen Bart (clubkamp)	Berlare	146	HOPEN	0:12:28 (145)	0:37:01 (95)	0:29:04 (141)	1:18:33
73	132	Vanwezer Tom	Dendermonde	9	HOPEN	0:11:35 (128)	0:38:21 (129)	0:28:45 (136)	1:18:41
74	135	Gerlo Joeri	Gent	21	HOPEN	0:08:00 ( 47 )	0:28:43 (36)	0:38:15 (190)	1:18:50
75	136	Vertongen Dirk (clubkamp)	Berlare	155	HOPEN	0:10:42 (102)	0:37:22 (100)	0:30:52 (157)	1:18:56

76	137	Van de Graaf Thijs	Gent	35	HOPEN	0:13:44 (169)	0:38:42 (136)	0:27:19 (121)	1:19:45
77	138	Vandeputte Olivier	Watervliet	102	HOPEN	0:13:05 (159)	0:41:03 (152)	0:25:47 (103)	1:19:55
78	139	Devriendt Wim	Dendermonde	37	HOPEN	0:13:46 (170)	0:38:43 (137)	0:27:35 (126)	1:20:04
79	141	Vankeirsbilck Dominique	Meulebeke	53	HOPEN	0:12:39 (149)	0:39:53 (145)	0:28:23 (132)	1:20:55
80	143	Van Geert Yannick	Dendermonde	109	HOPEN	0:12:52 (156)	0:38:08 (123)	0:29:57 (152)	1:21:08
81	145	Veldeman Dirk	Wichelen	111	HOPEN	0:13:31 (163)	0:38:02 (121)	0:29:44 (147)	1:21:17
82	146	Vermeiren Karel	Kruishoutem	103	HOPEN	0:13:41 (167)	0:39:53 (144)	0:27:46 (127)	1:21:20
83	149	Van den Berghe Wim (clubkamp)	Hamme	145	HOPEN	0:12:08 (142)	0:37:36 (108)	0:32:25 (165)	1:22:09
84	152	Dalle Vincent	Deurne	94	HOPEN	0:16:04 (193)	0:37:48 (113)	0:28:55 (139)	1:22:47
85	153	Buysse Hans	Waasmunster	40	HOPEN	0:12:03 (140)	0:40:55 (150)	0:29:56 (151)	1:22:54
86	155	Vanwildemeersch Lode	Dendermonde	45	HOPEN	0:14:13 (176)	0:40:44 (149)	0:29:39 (146)	1:24:36
87	156	Beeckman Geert	Dendermonde	52	HOPEN	0:14:03 (175)	0:40:59 (151)	0:29:48 (148)	1:24:50
88	157	Van Langenhove Tim	Antwerpen	101	HOPEN	0:13:33 (164)	0:39:01 (139)	0:32:50 (168)	1:25:24
89	160	Cleeren Frank	Genk	96	HOPEN	0:12:22 (144)	0:42:01 (159)	0:31:22 (160)	1:25:45
90	162	Van den Cloot Alain	Kontich	90	HOPEN	0:14:36 (180)	0:44:10 (171)	0:27:22 (122)	1:26:08
91	163	Imberechts Tom	Aalst	5	HOPEN	0:14:34 (179)	0:40:39 (148)	0:30:57 (158)	1:26:10
92	168	Van Haute Michael	Nieuwkerken-waas	20	HOPEN	0:13:50 (173)	0:43:04 (165)	0:29:52 (150)	1:26:46
93	169	Eyckermans Rob	/	201	HOPEN	( )	( )	0:35:11 (182)	1:27:17
94	170	Vankelecom Jeroen	Gent	64	HOPEN	0:11:07 (115)	0:45:14 (177)	0:31:23 (161)	1:27:44
95	171	Daenen Joost	Beveren	26	HOPEN	0:12:30 (147)	0:39:34 (142)	0:36:34 (186)	1:28:38
96	173	De Haeck Michael	Lint	10	HOPEN	0:13:35 (166)	0:41:21 (153)	0:34:31 (180)	1:29:27
97	174	Heyvaert Pierre	Berlare	30	HOPEN	0:12:46 (151)	0:43:45 (169)	0:32:56 (171)	1:29:27
98	176	Knockaert Patrick	Oostende	58	HOPEN	0:12:59 (158)	0:43:29 (168)	0:34:13 (178)	1:30:46
99	179	Boudrez Steven	Dendermonde	69	HOPEN	0:15:04 (183)	0:44:21 (174)	0:32:40 (167)	1:32:05
100	182	De Dios Gonzalo	t-lambrechts Woluwe	76	HOPEN	0:14:50 (181)	0:45:55 (180)	0:31:57 (163)	1:32:42
101	183	Cornille Arnaud	Stalhille	74	HOPEN	0:16:39 (194)	0:41:42 (156)	0:34:37 (181)	1:32:58
102	184	Vanderhaeghe Werner	Wieze	6	HOPEN	0:17:42 (197)	0:44:38 (175)	0:31:01 (159)	1:33:21
103	185	Vermeerbergen Jelle	Aalst	89	HOPEN	0:15:18 (187)	0:46:11 (182)	0:32:13 (164)	1:33:42
104	192	De Laat Niels	Sint-pieters-leeuw	81	HOPEN	0:15:50 (192)	0:42:33 (162)	0:41:36 (196)	1:39:59
105	193	Dilny Patrick	Deurne	3	HOPEN	0:17:52 (199)	0:47:00 (185)	0:37:01 (187)	1:41:53
106	194	Christiaens Jelle	Zelee	106	HOPEN	0:15:26 (188)	0:49:05 (191)	0:39:00 (192)	1:43:31
		DNF Bayoude Rachid	Aalst	87	HOPEN	0:09:01 ( 73 )	( )	( )	
		DNF D'hooghe Christophe (clubkamp)	Grembergen	147	HOPEN	0:08:52 ( 68 )	0:57:40 (199)	( )	
		DNF De Wispelaere Thijs	Hamme	56	HOPEN	0:08:37 ( 63 )	0:37:29 (106)	( )	
		DNF Verkempinck Ruben	Roeselare	41	HOPEN	0:07:14 ( 29 )	0:33:17 (50)	( )	
		DNF Van Puymbroeck Nicolas	Borgerhout	39	HOPEN	0:09:55 ( 88 )	( )	( )	
		DNS Costenoble Alex	Destelbergen	68	HOPEN	( )	( )	( )	
		DNS De Pot Jelle	Oudegem	11	HOPEN	( )	( )	( )	
		DNS De Feyter Nick (clubkamp)	Dendermonde	153	HOPEN	( )	( )	( )	
		DNS Veldeman Toon (clubkamp)	Dendermonde	157	HOPEN	( )	( )	( )	
		DNS Dierks Jeroen	Bornem	108	HOPEN	( )	( )	( )	
		DNS D'hont Patrick	Dendermonde	107	HOPEN	( )	( )	( )	
		DNS Valkeneers Tim	Kapellen	97	HOPEN	( )	( )	( )	
		DNS Coeck Danny	Putte	4	HOPEN	( )	( )	( )	
		DNS Cuepers Rony (clubkamp)	Dendermonde	159	HOPEN	( )	( )	( )	
		DNS Cordy Tim	Ieper	95	HOPEN	( )	( )	( )	
		DNS Durabile Valentino	Gent	14	HOPEN	( )	( )	( )	
		DNS De Laat Steven	Sint-pieters-leeuw	83	HOPEN	( )	( )	( )	
		DNS Peetrers Ben	Hemiksem	43	HOPEN	( )	( )	( )	

DNS Vervaet Kenny	Dendermonde	78	HOPEN	( )	( )	( )
DNS Van Ranst Gijs	Grembergen	36	HOPEN	( )	( )	( )
DNS Van De Wielle Jan	Zelee	51	HOPEN	( )	( )	( )
DNS Rouco Roi	Gent	50	HOPEN	( )	( )	( )
DNS Duquet Joris	Overmere	44	HOPEN	( )	( )	( )
DNS Leemans Glen	Schelle	42	HOPEN	( )	( )	( )
DNS De Saedeleer Ivo	Opwijk	19	HOPEN	( )	( )	( )
DNS De Grootte Erwin	/	31	HOPEN	( )	( )	( )
DNS Boterberg Yves	Berlare	32	HOPEN	( )	( )	( )
DNS Magriet Karl	Sint Niklaas	18	HOPEN	( )	( )	( )